



Shropshire Parenting Team Information

The Parenting Team is continuing their service of telephone consultations. Parents and carers can simply call the office on 01743 250950 or email parenting.team@shropshire.gov.uk to arrange a consultation at a time convenient to them. Professionals can also contact the office and arrange appointments for parents/carers if they have gained their consent to pass on their telephone number.

Taking the current situation into account the parenting team can support parents and carers with:

- managing difficult questions and worries from children due to the current situation
- managing challenging behaviour which might be a result of the changes to their everyday lives
- maintaining good relationships with children during this time
- suggestions on activities to do with children
- talk through and reflect on the online course content with a Parenting Practitioner

The online Understanding Your Child parenting courses are also still available:

1. Clicking on the [In Our Place website](#).
2. Then put the access code DARWIN18 in the box
3. Choose from the following courses:-
 - Understanding pregnancy, labour, birth and your baby
 - Understanding your baby
 - Understanding your child
 - Understanding your teenager's brain
 - Understanding pregnancy, labour, birth and your baby: for women couples