

# Clebury Mortimer Primary School

## Relationship and Sex Education in our School

Promoting the health and well-being of our pupils is an important part of a child's education. We look at many topics including all kinds of relationships, physical / emotional health and living in the wider world. The aim of this teaching is to help our pupils make safe and informed decisions during their school years and beyond.

RSE is a very important part of our curriculum.

Some parts of RSE are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their children from all other parts of RSE if they wish to do so. However, we believe that it is important that all young people have a place to discuss pressures, check facts and dispel myths. Even if a child is withdrawn, many pupils will discuss such issues with each other outside the classroom - so, rather than hear about the content second-hand, we hope all children will have the opportunity to take part in our carefully planned lessons.

You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues before the work is covered in school.

There are three main elements of the program that are taught in all year groups. These are: relationships, health and well-being and the wider world.

In all year groups, children will learn about feelings and emotions, healthy relationships, healthy lifestyles, growing and changing, keeping safe, valuing difference, rights and responsibilities, taking care of the environment and money matters. In Years five and six the programme will include topics such as *puberty; relationships and communication skills; pregnancy; conception; body image; consent and sexting and social media.*

During the course, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner, using age appropriate materials. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

If you have any further questions or require further information, please contact us.

The RSE policy is available on the school website.